

Infant Mental Health Interest Group – 30 April 2010

Hosted by Whakatupu Ora – Infant Mental Health (CMDHB)

Present:

Bianca Sava
Katherine Lissienko
Katie Tuck
Robyn Buick
Virginia Enores
Liz Wilkinson
Rachel Sykes
Mary Cubitt

Michelle Ball
Seonaigh Stevens
Kati Knuttila
Jennifer D’Almeida
Michèle Loulié-
Wijtenburg
Kaye Newman-Hynes
Tania Cargo

Gill Graham
Annette Paterson
Christine Hatchin
Betty Waab
Ainsleigh Cribb

The meeting was opened with a welcome to all and a karakia by Tania Cargo, and was then followed by everyone briefly introducing themselves.

Agenda

1. Brief tour of the Whakatupu Ora therapy rooms.
2. What’s been happening at Whakatupu Ora
3. Short presentation by Kati Knuttila from Shaken Baby Prevention
4. Presentation by other services.

What’s been happening at Whakatupu Ora

Discussion of the Parent-Infant Interactional Therapy with a case presentation and video footage of the pre-test was presented.

Shaken Baby Presentation by Kati Knuttila

Kati is the Shaken Baby Prevention Co-ordinator based at Te Puawaitahi Child Abuse Service at ADHB. This project is based on a study that was set up by a Paediatrician/neurologist from New York.

A pamphlet has been designed and is given out by Nurses and Midwives. Kati has also started to present at the neonatal unit, other units, community midwives and the paediatric cardiac ward.

To get more information on Shaken baby syndrome and project please contact Kati at ADHB and/or www.kidshealth.org.nz

Updates from other services:

ATWC

Michelle Ball presented the following updates:

- Robyn Dolby visited from Australia and is an expert on the use of the Circle of Security model in day-care. Robyn presented a workshop and visited the ATWC preschool.
- The 10 day Circle of Security training was cancelled.
- Glen Cooper (expert in the use of the Circle of security Programme) is still coming to NZ to consult with Family Start and their residential programme. Glen is bringing an 8 chapter DVD programme that can be used as part of the 10 week programme. There will be a 4day training course to be able to use the DVD’s.
- The government has stopped funding their Parental Participation Programme
- Mellow parenting is continuing to be funded by CMDHB. They have started their first group and have a waiting list for the second group.
- Watch, Wait & Wonder training- Seonaigh is hoping to set up in the future.

Ainsleigh Cribb from CMDHB

The "Look at you" DVD has been launched. They have further funding for other versions such as:

- an extended version to be used for teaching
- Maaori version
- Pacific people's version

The DVD's are given out at all maternity sites and midwives in CMDHB

Hamilton Waikato Region

A project has been started (late January 2010) to provide an Infant mental health service for the Waikato area. They meet as a team once a fortnight at present. They are very keen to continue to make connections and find out more about setting up an Infant Mental Health Service.

Website for KidsHealth

www.kidshealth.org.nz Is a useful site for information on infant and children health.

Next meeting:

To be held on Thursday 24th June 10-12 midday at Auckland Specialist Services South, Child Youth & Family Service.

Located at Te Pou Herenga Waka, 627 Great South Road, Manukau

Organised by Alexandra Downing