

Minutes 30 July 2009

Present:

Bianca Sava (Chair), Gill Graham (minutes), Michelle Ball, Monica Davies, Shaz?? , Sally Merry, Bernadette Salmon, Sue Fitzgerald, Susan Goldstiver, Epenesa Olo-Whaanga, Monica Davids, Kerstin Stjarnhage, Hanne Jepsen, Terri-Anne Patton, Michele Loulie-Whijtenburg, Jennifer D'Almeida

Apologies:

Rachel Sykes, Cathy Hapgood, Tania Cargo, Alison Leversham. Louise Porteous, Sara Laing

Agenda

Updates from region.

CMDHB Infant Mental Health Service – trials and tribulations– Bianca

CDHB Mother and Babies Service – Gill

ATWC

PND National Awareness Group – Susan Goldstiver

CYFS (deferred to next meeting)

CMDHB DVD and research updates

Updates:

Waitamata – some initial attempts to initiate a Circle of Security group with 5 year olds

ATWC– busy. Heavily involved with COS group and individual work

Taking COS into Granger Grove

Mellow Parenting – 2 groups starting next week.

Staff experiencing the need to find extra time (1.5–2 days) for all the assessments and data collection.

“Roots of Empathy programme” 60 schools from Christchurch and Auckland involved.

Programme is a three year pilot delivered by a structured manualised method.

Ongoing funding issues– suggestion to consider writing to Paula Bennett to support this programme.

Kari Centre

IMH reaching capacity. Diverse range of referrals from Maternal Mental Health, GP's Kids in Care. Some referrals to Paeds.

Assessment phase nearly done, commencing interventions.

Supervision with Denise Guy continues.

IMH Working group

DVD Look at Me– now scripted, launch expected in September

funding for 3 versions (Pacific Island, Maori and teaching/group DVD

Will be distributed free to new parents in CMDHB.

ATWC

Mellow Parenting group at – 3 groups going through– results looking good

CMDHB– Infant Mental Health

Trials and tribulations in setting up a service looking at outreach clinics

Discussion re use of having two files for parents and infant.

Mothers and Babies Christchurch

Gill Graham gave an overview of how the service operates in CHCH

PND – Susan Goldstiver, Psychotherapist

Wanting to develop a National PND group. Met with the MoH on 19/6/09 in Wellington.

Wanting to connect with IMH agencies to learn how to begin the process of how to set goals, build relationships with key stakeholders.

CYFS – deferred.

Next Meeting – Waitakere 30th October