

Minutes 30 April 2009

Infant Mental Health meeting: Thursday 30 th April 2009, Held at The Werry Centre.

Present:

Tania Wilson, Werry Centre (chair),
Lyn Dawson, Werry Centre (minutes),
Sunila Wilson, Psychologist, IMHS, Kari centre
Betty Rob, (retired) child psychotherapist
Louise Webster, Child & Adolescent Psychiatrist, Starship
Sally Merry, Psychiatrist, Werry Centre and CMDHB
Alison Leversha, Paediatrician, ADHB
Lyn Doherty, Psychologist, Ohomairangi Trust Early Intervention Service
Janice Beazley, Werry centre
Karen Rowan, Social Worker Hamilton MMH,
Jacqui Coates - Harris, team leader MMH, Hamilton
Bianca Sava, CMDHB IMH psychiatrist
Trecia Wouldes, Werry Centre
Michelle Ball, Clinical Director, Anglican Trust for Women and Children

Apologies:

Apologies: Susan Goldstiver, Louise Porteous, Rachel Sykes, Bernadette Salmon, Sarah Laing, Tanya Wright, Epenesa Olo-Whaanga, Mary Cubitt, Cathy Hapgood, Terri-Anne Patton

Agenda:

Ministry of Health update

Trecia and Denise Guy working on a document/ report for the MOH re frontline services and IMH. May be some clarity about services direction and MOH plan when this is completed in four weeks.

Shaken Baby Prevention

Alison, ADHB, and colleagues (charge midwife and funder and planner) have been trying to get this up and running for a few years. Package has been developed and funding given to train midwives in its use. Trying now to extend the package to WDHB and CMDHB, trying to get regional agreement as there are some common phrases that can be used by all midwives about crying infants. MOH have funded an evaluation for this initiative. Further discussion occurred re Sally's DVD 'look at you' which will have a crying baby section. Will be good to liaise together around shaken baby information and DVD.

CYFS Work

ADHB has funded a clinic (Alison and others) for children who are in CYFs care. Clinic provides health / education profiles for kids. Clinic has seen 70 people already, lots of referrals are coming through. Referrals have been: infant MH, parenting, behavioural concerns, etc. This clinic is also providing the opportunity to build improved relationships with CYFs.

CMDHB Update

Bianca 0.8 FTE since Feb., Sally 0.4 FTE. Total FTE for IMH will be 6, plus 2 from He Kaakano team. Currently recruiting team, and looking for a permanent base to work from. Are

currently aligned with MMH and adult MH services.

Hoki ki te Rito / Lyn Doherty:

Last years' pilot showed promising results. 11 practitioners trained this year. Now have included a Male SW who is commencing fathers' groups.

New service started, Whanau Outreach. Regional service across Auckland for families needing support or different interventions for families (?) with a new diagnosis. This is MOH funded.

Real Skills Plus CAMHS. Now printed and available on the web site. Real Skills Plus CAMHS describes the competencies needed for infant child youth and family MH . Discussion followed re competencies. Will complement existing professional competencies. RS+ is not mandatory. Implementation will follow shortly. Email Lyn Dawson for information: l.dawson@auckland.ac.nz

Kari Centre update: Koa Nga Tupu (seed to grow)

ADHB infant MH service ADHB launched last week. 4 clinicians each working 0.2 FTE., which equates to one day on IMH team, Mondays. IMH team triaging their own referrals, and they have one so far. Criteria are infants from birth to 4th b/day.

Waitemata DHB

Not represented at meeting today. There is a possibility of a child psychiatrist trainee working at MMH team.

NICU, Louise:

Previous MH professional leaving after 2 ½ years. Position will need to be replaced. General discussion occurred around CL roles.

Future Events:

Trecia is organising the IMH conference for Feb. 2010. There will be 4 work streams which are all very clinical. She is confirming key note speakers. Ed Tronic and Barry Lester confirmed. Third keynote speaker, Cheryl McNeal yet to be confirmed.

Next Meetings:

Friday 19th June 10-12, Kari Centre

Thurs 30th July CMDHB, meeting room to be arranged.