

Minutes for the IMH Regional Interest Meeting
Hosted by Epenesa Olo-Whaanga & Sarah Laing
@ Kari Centre
20th June, 2008

Apologies

Susan Goldstiver (in Wellington attending the inaugural PND National Awareness Working Group meeting - will update us at next meeting)
Alison Leversha, Jo Chiplin, Lyn Dawson, Louise Porteous (apologies for 30th July as well)

Updates:

Anglican Trust for Women and Children- Michelle Ball

The trust is expanding its attachment services and have embarked on a fundraising drive to help do this. Currently there are 75 Staff providing a wraparound service for Early Intervention. They are also offering Parenting work. This year is their 150 year celebration and a PR Company has been employed to develop the celebrations and fundraising campaign.

The trust also has the residential treatment facility which provides 6-18 month treatment. They take referrals from DHB's.

The trust is looking at integrating groups into their programmes like Circle of Security (COS) and Mellow Parenting (funded by CMDHB).

Benefits of attachment therapy how other services are developing
Fits nicely with DHB's current plans for IMH Services.
MSD pathways to 3 yr plan partnership

Waitemata DHB -Bianca Sava

Funding hasn't happened yet to see under 5's. But there is an IMH interest group for under 5's. They have never had a referral for an under 1year old. They may have had one for 1-2yr old, but mainly referrals for 3-4yr old. But generally they are not seen. This may be due to applying the adolescent threshold to both child and infant referrals.

Interest IMH, midwives, hospital personnel
e.g. presenting birth trauma

The Pregnancy And Parental Service- Marijke

Marijke reported it being difficult trying to find services for clients that are specifically community based. As they are a regional service they span Auckland from Bombay to Warkworth. Their FTE are mainly for nursing positions.

Before school, Ministry
Family start

CMDHB- Sally Merry/ Bernadette

Infants less than 2yrs go through psych liaison services. Whirinaki don't see under 5's. ASD assessments go to the paediatric clinic.
They seem to have decided that IMH will be placed in their Maternal Mental Health Services located within each Adult MH service. There is 2FTE available for this. The people that will be seen include teen mothers and where there is a risk to the mother-baby relationship. Physical barriers to accessing the service(s) need to be addressed.

Werry Centre-Sally Merry

There is some work to do at the primary and secondary levels of need. Getting to know you

Plan for training will be looked at from a national perspective direction is expected from the Ministry for this.

Some current training opportunities and considerations that Sally discussed included NSW training offering a training outpost; DIR – online training by Greenspan and colleagues; CDC – PCIT, Sheryl McNeil.

Strategic development at Werry centre is currently underway in IMH including an update on the literature review carried out by Sally and others with an emphasis on Prevention and treatment possibly in October and November, 2008.

Sally commented that the IMH field was like an Octopus with lots of different models, Working group across disciplines cross cultural which also has some contentions.

The AUT specialty of Child Psychotherapy is under review and there is a threat to the continuation of the programme is real. Submissions can be made to Josie Gordon. Michelle will provide

Waikato- Jaqui Coates-Harris

MMH have moved to be co-located with IMH where they will share resources

They are meeting regularly with CAMHS

They are keen to look at interventions

Family Start- Michelle Ball

Review of specs for the Family Start Contracts are underway by the MSD. A significant change is that all staff are now required to have a recognised qualification MSD turned them down for attachment training for all Social workers as well as clinical supervision. There is no provision for funding therapy either under the Family Start Contract. There is an element of Assessment but not treatment.

Kari Centre-Epenesa Olo-Whaanga and Sarah Laing

The Kari Centre IMH project is continuing. In a audit of service for under 5's over the past five years, we found that there had been 104 referrals and 36 were accepted in our service. They were mostly GP referrals, and the majority were for 3-4 year olds although there were also referrals for 0-3years.

Other business:

Levels of training available WWW, COS, DIR- do www search for "floor time"
Discussion about www, the advantages are that it is a manualised treatment with acknowledgement of transference/countertransference and clinical judgement

B4 Schools check-Epenesa

4 year old Well Child Check being done by each DHB and will vary in it's delivery nationally.

Next meeting 29/08 at 10am @ ATWC